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| **For Loop** | **While Loop** |
| It is used when the number of iterations is known. | It is used when the number of iterations is not known. |
| In case of no condition, the loop is repeated infinite times. | In case of no condition, an error will be shown. |
| Initialization is not repeated. | Initialization is repeated if carried out during the stage of checking. |
| Statement of Iteration is written after running. | It can be written at any place. |
| Initialization can be in or out of the loop | Initialization is always out of the loop. |
| The nature of the increment is simple. | The nature of the increment is complex. |
| Used when initialization is simple. | Used when initialization is complex. |